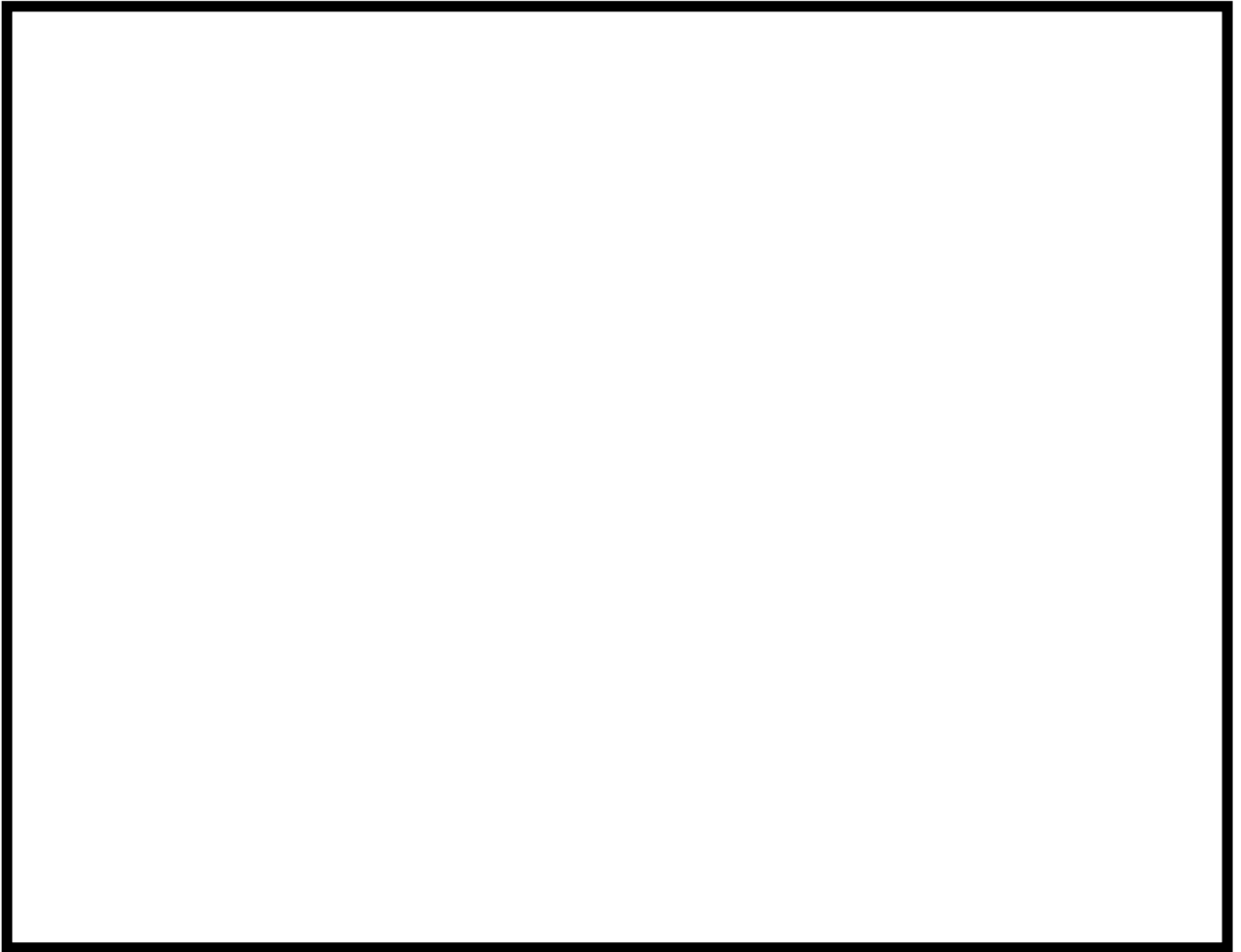


# BLIND CONTOUR DRAWING



## Directions:

1. Look around your yard or a nearby park or even in your house for a natural object. Make sure it is something that you can hold in your hand.
2. Hold the object in one hand and look closely at it.
3. Without taking your eyes off the object, draw the outline of it in the box above. Yep, you can't look at what you are drawing—keep your eyes on the object.
4. One more thing—you can't pick up your pencil once you put it down.
5. Begin by tracing the edge or contour of the object with your eyes. As your eyes move along the edge of the object, your hand draws that same shape.
6. When you are done, take a look at your drawing. Can you see the shape of the object in what you drew?
7. For an extra challenge, you can poke your pencil through a paper plate to make sure you don't look at what your hand is drawing. Try this several times with different objects. It gets easier with practice!



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